

中國文化大學 體育運動健康學院 保健營養學系 必修科目表

114 學年度起入學新生實施

必修類別	科目名稱	規定學分	一年級		二年級		三年級		四年級		備註
			上	下	上	下	上	下	上	下	
通識科目	國文	4	2	2							五選一課程
	外文：閱讀與聽講（一）	3	1.5	1.5							
	外文：閱讀與聽講（二）	3			1.5	1.5					
	跨域專長	12			6	6					
	人文學科領域	4	4	4	2						
	社會科學領域	4									
	自然科學與數學領域	2									
共同科目	體育	0	0	0	0	0					
通識及共同必修學分合計		32 學分									
專業必修科目	(4009)統計學	3		3							
	(5024)食物學原理	2	2								
	(5139)食物學原理實習	1	1								
	(5029)食品微生物學	3			3						
	(5141)食品微生物學實驗	1			1						
	(E453)營養學(一)	2	2								
	(5136)營養學實驗	1		1							
	(H183)食品分析(一)	2		2							
	(H184)食品分析實驗(一)	1		1							
	(E454)營養學(二)	2		2							
	(5779)膳食計畫	2				2					
	(1425)人體生理學	4			2	2					
	(2432)人體生理學實驗	1				1					
	(2033)生物化學	6			3	3					
	(2179)生物化學實驗	1				1					
	(8851)食品加工學(一)	2			2						
	(C557)食品加工學實驗(一)	1			1						
	(0375)高等營養學	2				2					
	(5431)生命期營養	3			3						
	(5450)食品衛生與安全	2				2					
	(2875)團體膳食製備與供應	2					2				
	(8855)膳食療養(一)	2					2				
	(8857)膳食療養實習(一)	1					1				
	(8856)膳食療養(二)	2						2			
	(8858)膳食療養實習(二)	1						1			
	(5477)公共衛生營養學	2						2			
(2038)專題討論	2							2			
專業必修學分合計		54 學分									
必修學分總計		86	12.5	16.5	24.5	20.5	5	5	2	0	
最低畢業學分數		128 學分									
其他修業規定：											
全球競爭力檢定	通過全球競爭力檢定，依本校「大學部學生全球競爭力檢定實施辦法」辦理，詳細資訊請參考教務組網頁。 https://reg.pccu.edu.tw/										
倫理課程	參與「職業倫理」、「中華文化專題」，依本校「職業倫理教育實施要點」及「中華文化專題講座實施要點」辦理，詳細資訊請參考綜合業務組網頁。 https://cur.pccu.edu.tw/										
全人學習護照	參與全人學習護照各項學習活動達認證標準，依本校「全人學習護照實施辦法」辦理，詳細資訊請參考課外活動組網頁。 https://activity.pccu.edu.tw/										

Chinese Culture University, Required Courses List, Department of Nutrition and Health Sciences

Effective for Students Enrolled in and from the 2025 Academic Year

Categories for Compulsory Courses	Course Title	Credit Hours	1st Year		2nd Year		3rd Year		4th Year		Remark
			1st semester (Sep)	2nd semester (Feb)	1st semester (Sep)	2nd semester (Feb)	1st semester (Sep)	2nd semester (Feb)	1st semester (Sep)	2nd semester (Feb)	
Required Courses											
General Required Courses	CHINESE	4	2	2							Choose 1 of 5 Courses
	FOREIGN LANGUAGE READING AND CONVERSATION(1)	3	1.5	1.5							
	FOREIGN LANGUAGE READING AND CONVERSATION(2)	3			1.5	1.5					
	INTERDISCIPLINARY PROGRAM	12			6	6					
	ART AND HUMANITIES	4	4	4	2						
	SOCIAL SCIENCES	4									
	NATURAL SCIENCES AND MATHEMATICS	2									
Common Courses	PHYSICAL EDUCATION	0	0	0	0	0					
Total credits of General Education		32 Credits									
Required Courses by Department	(4009)STATISTICS	3		3							
	(5024)PRINCIPLES OF FOOD	2	2								
	(5139)PRINCIPLES OF FOOD LAB.	1	1								
	(5029)FOOD MICROBIOLOGY	3			3						
	(5141)FOOD MICROBIOLOGY EXPE(2179)RIMENT	1			1						
	(E453)NUTRITION 1	2	2								
	(5136)NUTRITION EXPERIMENT	1		1							
	(H183)FOOD ANALYSIS 1	2		2							
	(H184)FOOD ANALYSIS EXPERIMENT 1	1		1							
	(E454)NUTRITION 2	2		2							
	(5779) DIET PLANNING	2				2					
	(1425)HUMAN PHYSIOLOGY	4			2	2					
	(2432)HUMAN PHYSIOLOGY LABORATORY	1				1					
	(2033)BIOCHEMISTRY	6			3	3					
	(2179)BIOCHEMISTRY LAB.	1				1					
	(8851)FOOD PROCESSING 1	2			2						
	(C557)FOOD PROCESSING	1			1						

	EXPERIMENT 1										
	(0375) ADVANCED NUTRITION	2				2					
	(5431)NUTRITION THROUGH THE LIFE CYCLE	3			3						
	(5450)FOOD SANITATION AND SAFETY	2				2					
	(2875)QUANTITY OF FOOD PRODUCTION AND SERVICE	2					2				
	(8855)THERAPEUTIC NUTRITION 1	2					2				
	(8857)THERAPEUTIC NUTRITION EXPERIMENT 1	1					1				
	(8856)THERAPEUTIC NUTRITION 2	2						2			
	(8858)THERAPEUTIC NUTRITION EXPERIMENT 2	1						1			
	(5477)PUBLIC HEATH NUTRITION	2						2			
	(2038)SEMINAR	2							2		
Total credits of Requirements for the Major		54 Credits									
Total Required Credits		86	12.5	16.5	24.5	20.5	5	5	2	0	
The minimum credits is required for the Bachelor degree,		128 Credits									
Other provisions of graduate requirements :											
Global competitiveness		Passing the "Implementation Measures for the Global Competitiveness Assessment of University Students" is mandatory for graduation. Visit the website of the Registration Section for more information.									
Professional Ethics/ Special Topics in Chinese Culture		According to the university's 'Implementation Guidelines for Professional Ethics Education' and 'Implementation Guidelines for Chinese Culture Topics Lectures,' students are required to participate in two-semester courses: 'Professional Ethics' and 'Chinese Culture Topics.' For detailed information, please refer to the website of the Curriculum Section: http://cur.pccu.edu.tw/ezfiles/7/1007/img/166/HL30.pdf ."									
Whole Person Learning Passport		To fulfill the Whole Person Learning Passport requirements, students must actively participate in various learning activities. These activities are organized in accordance with our university's guidelines for the Whole Person Learning Passport. For more detailed information, please visit the website of the Extracurricular Activities Section at https://activity.pccu.edu.tw/ ."									